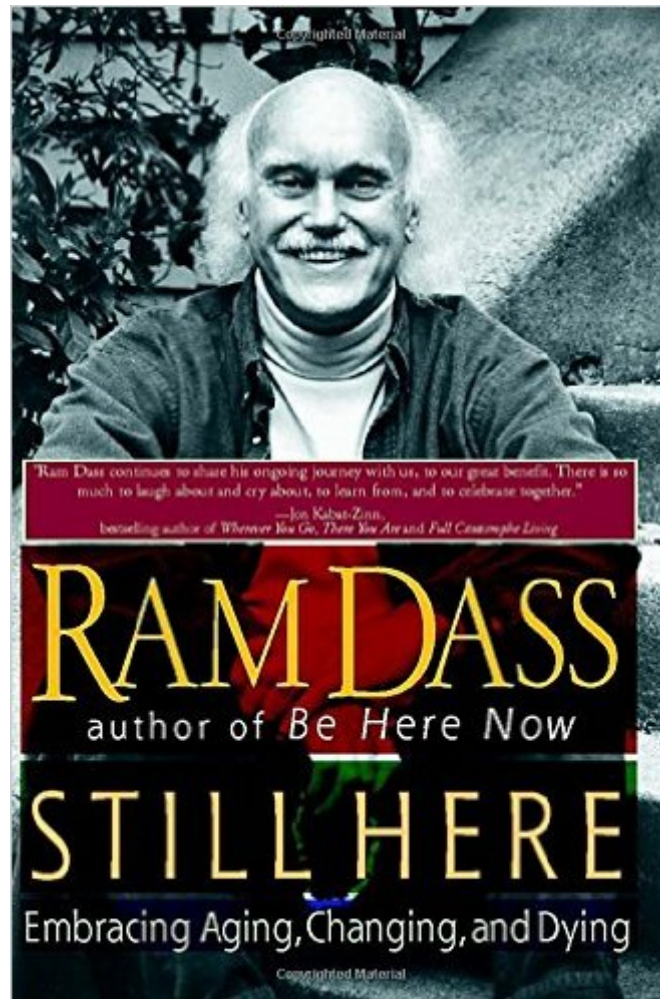


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# Still Here: Embracing Aging, Changing, And Dying



## Synopsis

More than thirty years ago, an entire generation sought a new way of life, looking for fulfillment and meaning in a way no one had before. Leaving his teaching job at Harvard, Ram Dass embodied the role of spiritual seeker, showing others how to find peace within themselves in one of the greatest spiritual classics of the twentieth century, the two-million-copy bestseller *Be Here Now*. As many of that generation enter the autumn of their years, the big questions of peace and of purpose have returned demanding answers. And once again, Ram Dass blazes a new trail, inviting all to join him on the next stage of the journey.

## Book Information

Paperback: 206 pages

Publisher: Riverhead Books; Reissue edition (June 1, 2001)

Language: English

ISBN-10: 1573228710

ISBN-13: 978-1573228718

Product Dimensions: 5.5 x 0.7 x 8.2 inches

Shipping Weight: 5.6 ounces (View shipping rates and policies)

Average Customer Review: 4.7 out of 5 stars Â Â See all reviews Â (143 customer reviews)

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## Customer Reviews

Indeed Ram Dass is still here in this moment after a crippling stroke to guide us toward an understanding of our place among our fellows in the world as we grow old. Once he was Richard Alpert, Harvard professor, and then, after turning on and dropping out in the sixties, became Ram Dass, author of the best-selling *Be Here Now* (1971), the axiom of the title from the ancients of the East thereby becoming a mantra for a generation of flower children. In this inspiring and eminently readable book, Ram Dass celebrates aging as a time of self-discovery and of selfless service to others. What could be more appropriate for a man who has lived so passionately, who has traveled so widely and learned so much than to share his experience and wisdom with others? And Ram Dass does it well, without sanctimonious posturing or self-serving claptrap, in a prose style that is familiar, warm and sharing, and at times brilliant. Especially beautiful are the passages on pages 141-144 in which he recalls his Jewish home and then a visit to India in 1970. Of course he does

remind us of the many friends and note worthies he has met along the way; and, true, he is not adverse to indulging himself a little with reflections about how HE has been of service to the aged, the infirm, and the dying. But this is only right. There is, as we are freed from many of the constraints of society and its shallow proprieties, no place for a false modesty, and if one has done well, one should be pleased with oneself, and like Walt Whitman, celebrate oneself. As a young man, Ram Dass went against the shared "wisdom" of the society that had so well nurtured him and sought his own way, and he found it. He is to be admired and listened to.

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